

Conference Program

Evidence-based Primary Pain Care: A New Opioid Guideline from Washington State¹

8 am – 5 pm

Bell Harbor International Conference Center, Bay Auditorium
2211 Alaskan Way, Seattle WA 98121

You can earn up to 7.5 hours [AMA PRA Category 1 Credits](#)™

Conference Overview

Designed for primary-care physicians and clinicians, the conference will feature the new Agency Medical Directors' Group's (AMDG's) *2015 Interagency Guideline on Prescribing Opioids for Pain*. Hear the latest information on the opioid epidemic, and participate in panel discussions about clinic-friendly practices for safe and effective pain management.

Agenda

Time	Topic	Lead
8:00	Welcome	Gary Franklin, MD, MPH Kathy Lofy, MD David Tauben, MD
8:15	The Opioid Epidemic: Overview and a Look to the Future The role of states and federal government and emerging federal policy	Chris Jones PharmD, MPH U.S. Federal Drug Administration
9:00	What is the Evidence on the Safety and Effectiveness of Opioids? How is dose related to morbidity and mortality? Defining dependence and addiction.	Jane Ballantyne, MD
9:30	Highlights of the 2015 AMDG Interagency Guideline on Prescribing Opioids for Pain Will be available at www.Lni.wa.gov/ProviderTraining	David Tauben, MD
10:00	Break	
10:15	Non-opioid Treatment Options and Preventing Ineffective Chronic Opioid Analgesic Therapy	Andrew Friedman, MD
10:45	Prescription Monitoring Program in Washington State	Chris Baumgartner, BS
11:15	Opioid Use in Mental Health and Substance Use Comorbidities	Mark Sullivan, MD, PhD

¹ Conference content is produced by L&I as part of the Washington State Agency Medical Directors' Group.

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11:45	Weaning Opioids and Initiating Treatment for Opioid Use Disorder	Andy Saxon, MD Charissa Fotinos, MD
12:15	Lunch	
1:00	<u>Panel: Lessons from the Front Line – Caring for Chronic Pain Patients in the Primary Care Setting</u> <ul style="list-style-type: none"> • How the guideline is used in managing chronic pain patients • How to integrate the PMP into your practice workflow, triggers for checking the PMP (e.g. new patient, red flags) • How to communicate with your patients with aberrant behaviors 	<u>Michael Von Korff, ScD – Moderator</u> Lucinda Grande, MD Paul Williams, MD Patricia Read-Williams, MD Phillip Capp MD
2:00	Opioids during the Perioperative Period	Greg Terman, MD, PhD
2:30	Break	
2:45	<u>Panel: Opioid Use in Special Populations</u> <ul style="list-style-type: none"> • Geriatrics • Pregnancy and Neonatal Abstinence Syndrome • Pediatrics • Cancer Survivors 	<u>Dan Lessler, MD – Moderator</u> Deb Gordon, RN, DNP, FAAN Alyssa Stephenson-Famy, MD Gary Walco, PhD Pam Davies, ARNP, MS, ACHPN
3:45	<u>Panel: Pain Care Innovations in Health Care Systems</u> <ul style="list-style-type: none"> • Group Health • Collaborative Care for Pain • Everett Clinic • VA Pain Care in Patient Aligned Care Team (PACT) 	<u>Gary Franklin, MD, MPH – Moderator</u> Michael Von Korff, ScD Jeanne Sears, PhD, MS, RN, PHN Jeff Bissey, MD Stephen Hunt, MD, MPH
4:45	Closing Remarks	Gary Franklin, MD, MPH David Tauben, MD Kathy Lofy, MD
5:00	Adjourn	

Speakers

Jane Ballantyne, MD, Professor (retired) Anesthesia and Pain Medicine, Center for Pain Relief, Department of Anesthesiology and Pain Medicine, University of Washington, Seattle

Jeffrey Bissey, MD, Interim Chief Operating Officer and Associate Medical Director, The Everett Clinic, Everett

Philip Capp, MD Family Medicine w/Obstetrics, Primary Care, Swedish Medical Center, Seattle

Chris Baumgartner, BS, Director Prescription Marketing Program, Department of Health, Olympia

Pamela Davies, ARNP, MS, ACHPN, Pain and Palliative Care Nurse Practitioner, Seattle Cancer Care Alliance; Teaching Associate, University of Washington Department of Medicine, Seattle

Gary M Franklin, MD, MPH, Medical Director, Department of Labor & Industries; Chair, Washington Agency Medical Director's Group; Research Professor, Departments of Environmental and Occupational Health Sciences, Neurology, and Health Services, University of Washington, Olympia and Seattle

Charissa Fotinos, MD, Deputy Chief Medical Officer, Medicaid Program, Health Care Authority, Olympia

Andrew Friedman, MD, Head of Physical Medicine and Rehabilitation, Virginia Mason Medical Center, Seattle

Deb Gordon, RN-BC, MS, DNP, ACNS-BC, FAAN, Clinical Assistant Professor, Department of Biobehavioral Nursing and Health Systems, University of Washington, Seattle

Lucinda Grande, MD, Clinical Instructor, University of Washington Department of Family Medicine; Partner, Physician, Quality Improvement Director Pioneer Family Practice, Lacey

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Steve Hunt, MD, MPH, Clinical Associate Professor of Medicine, University of Washington, Department of Medicine, Internal, Occupational and Environmental Medicine, VA Puget Sound Health Care System, Seattle

Christopher Jones, PharmD, MPH, Federal Drug Administration, Washington DC

Dan Lessler, MD, Medical Director, Medicaid, Health Care Authority, Olympia

Kathy Lofy, MD, State Health Officer, Chief Science Officer, Department of Health, Olympia

Andrew Saxon, MD, Professor, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle

Patricia Read-Williams, MD, Clinical Assistant Professor, University of Washington Department of Family Medicine, Seattle

Jeanne Sears, PhD, MS, RN, PHN, Research Associate Professor, Department of Health Services, School of Public Health, University of Washington, Seattle

Alyssa Stephenson-Famy, MD, Department of Obstetrics and Gynecology, Division of Maternal-Fetal Medicine, University of Washington, Seattle

Mark Sullivan, MD, PhD, Professor, Department of Psychiatry and Behavioral Sciences, University of Washington, Seattle

David Tauben, MD, Associate Professor, Departments of Medicine and Anesthesiology and Pain Medicine; Chief, Division of Pain Medicine; Hughes M. and Katherine G. Blake Endowed Professorship in Health Psychology, University of Washington, Seattle

Greg Terman, MD, PhD, Professor, Department of Anesthesiology, University of Washington; Special Government Employee: FDA: REMS Advisory Committee, National Pain Strategy Oversight Committee and National Pain Strategy Population Research Working Group, Seattle

Michael VonKorff, ScD, Senior Investigator, Group Health Research Institute, Group Health Cooperative, Seattle

Gary Walco, PhD, Chief of Pain Medicine, Seattle Children's Hospital, Seattle

Paul Williams, MD, Primary Care Physician, Washington Park Direct Care, Centralia, WA

Speakers' Disclosures

The following conference speakers have had relevant financial relationships and working relationships in the past 12 months:

- Debra Gordon, RN, DNP, FAAN, is on advisory boards for Zogenix, Pazira, and Janssen.
- Lucinda Grande, MD will discuss off-label use of a variety of medications for chronic pain and for opioid withdrawal symptoms.
- Dan Lessler, MD has a relevant financial relationship with Johnson & Johnson, Abbvie, and Pfizer.
- Andrew Saxon, MD is the Editor of *Up to Date* and will be discussing off-label use of a product and/or an investigational product.
- Alyssa Stephen-Famy, MD will be discussing off-label use of a product and/or an investigational product for pregnant and non-pregnant populations.
- Mark Sullivan, MD, PhD consults for Janssen and develops and disseminates CME on opioids for Opioid REMS program companies.
- David Tauben, MD is a speaker for ER/LA Opioid Analgesics REMS Program Companies.
- Michael Von Korff, ScD performs research on opioids for Pfizer, Inc., Campbell Alliance Pharmacy Consortium.
- Gary Walco, PhD is a Pfizer consultant and will be discussing off-label use of a product and/or an investigational product.

Planning Committee

Gary Franklin, MD, MPH
Michael Von Korff, ScD
Jaymie Mai, PharmD

Kathy Lofy, MD
Mark Sullivan, MD PhD
David Tauben, MD

Chris Baumgartner, BS
Simone Javaher, RN, BSN, MPA

Earning continuing medical education credits

Learning Objectives

After participating in the full conference, participants will be able to:

1. Understand the scientific evidence behind safe opioid prescribing.
2. Prevent opioid dose escalation that can lead to ineffective pain management, hospitalization and death, by learning how to recognize inappropriate and ineffective dosing.
3. Recognize signs and symptoms of patients who are at high risk for poor outcomes with opioids.
4. Properly monitor patients on chronic opioid analgesic therapy (COAT).
5. Apply effective strategies to evaluate pain in a variety of patient populations and stages of pain, and appropriately determine the best way to manage pain while improving function.
6. Prevent unnecessary chronic opioid use by learning about non-opioid options for effective pain management.
7. Access and use Washington's Prescription Monitoring Program.
8. Apply opioid tapering techniques, when needed.
9. Apply in their practices, the latest information about opioid use, misuse, addiction, and death.
10. Follow state and national recommendations to lessen the epidemic of opioid misuse and abuse.

7.5 AMA PRA Category 1 Credits™

The Department of Labor and Industries (L&I) is accredited by the Washington State Medical Association to provide continuing medical education activities for physicians.

L&I designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 7.5 hours of Category 1 CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

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Only \$50 –Register at eventbrite.com

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- Breakfast, lunch, and refreshments will be provided.
- Free parking in the garage across the street: www.bellharbor.com/directions.php

Please print your own materials

Before the conference, registrants will receive the speakers' materials by e-mail. Please print the materials you'd like to have with you at the course. No copies will be available at the conference. You can also follow all of the presentations on your electronic devices.

Questions?

- Conference or guideline content – Simone.Javaher@Lni.wa.gov or 360-902-4246
- Refunds (available through June 11) – Denise.Santoyo@Lni.wa.gov or 360-902-5024

- * The guideline will be available prior to the conference at www.Lni.wa.gov/ProviderTraining.